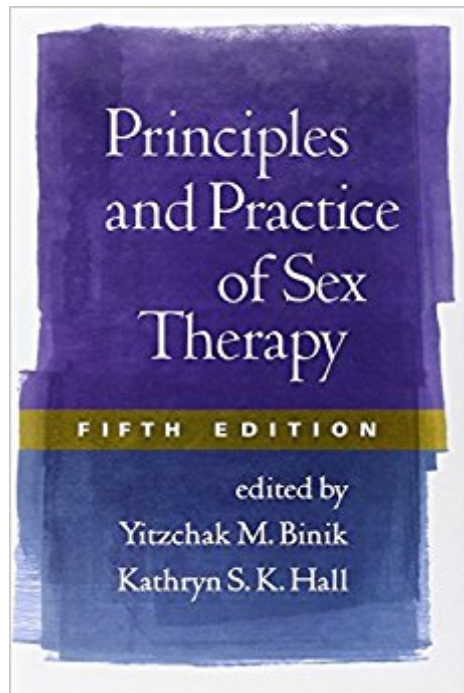




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# Principles And Practice Of Sex Therapy, Fifth Edition



## Synopsis

The leading clinical reference and text in the field, originally developed by the late Sandra Leiblum, this volume addresses the full range of sexual problems and concerns that lead men, women, and couples to seek help. Prominent experts describe cutting-edge assessment and treatment approaches that draw on psychological, interpersonal, and medical interventions. Detailed case examples illustrate how the therapeutic strategies are implemented and shed light on the factors that influence outcomes. The book is grounded in current knowledge about sexuality and sexual functioning across the lifespan. Tightly edited, it features an integrative introduction and conclusion plus a brief editorial commentary at the beginning of each chapter. New to This Edition \*Reflects major advances in sexual medicine and changes in the DSM-5. \*Chapters on infidelity, body image, and noncoercive and coercive paraphilias. \*Chapters on sexuality and infertility, disability-affirmative therapy, and sexually transmitted infections. \*Expanded lifespan focus: chapters on adolescents/young adults and older adults. \*Many new authors and extensively revised chapters.

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## Book Information

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## Customer Reviews

"This revised and expanded fifth edition covers a number of new topics. It provides a valuable overview of the broadening context of sex therapy and its interaction with sexual medicine."--John Bancroft, MD, Senior Research Fellow and former Director, Kinsey Institute for Research in Sex, Gender, and Reproduction "A genuine delight to read. Each chapter synthesizes current research

as it applies to clinical practice. Contributors include most of the thought leaders in the field, whose translation of research into practice is highlighted by a case example in each chapter. Experienced clinicians will use this as a reference book, and it should be required reading in all postgraduate clinical psychology programs."--R. Taylor Segraves, MD, PhD, Department of Psychiatry (Emeritus), Case Western Reserve University "Comprehensive and invaluable. Chapters by leaders in the field integrate multiple perspectives: physiological, medical, lifespan development, cognitive, behavioral, emotional, and relational, all viewed within an awareness of sociocultural norms, as well as of diverse needs and desires. The fifth edition covers all of the traditional forms of sexual difficulty, as well as important, emerging approaches to treating gender dysphoria, pedophilia, and infidelity, and treatment for persons with disabilities and chronic illness, among other essential topics. This volume should be a required text for all graduate students in the mental health professions and is an essential handbook for a wide range of practitioners."--Peter Fraenkel, PhD, Doctoral Program in Clinical Psychology and Master's in Mental Health Counseling Program, The City College of the City University of New York "The fifth edition of this valuable book does not disappoint. Chapters by respected clinicians reflect the dual vantage points of clinical wisdom and current research, and illuminate the terrain of sexual challenges, relationships, gender, orientation, culture, and life stage. The volume's strengths include integrative clinical approaches, case discussions, and treatment algorithms. I will use this book as a text in my graduate courses and postgraduate trainings; chapters can serve as stand-alone discussions of current topics in sex therapy. This is not a primer, but a sophisticated, accessible, and lively accounting of how sex therapists approach clinical concerns. Don't bother making a place for this book on your shelf--it will never leave your desk."--Sallie Foley, LMSW, School of Social Work, University of Michigan "With profound honesty and insight, this fifth edition reexamines the state of the art of the evolving discipline of sex therapy. Binik, Hall, and their contributing authors rigorously review the diagnosis and treatment of sexual issues as multifaceted as we humans ourselves. With compelling clarity and humility, the authors discuss how our understandings of human sexuality and gender are changing, and the impact on clinical practice. The entire volume points toward the importance of an interdisciplinary, integrated approach. In addition to being a 'must read' for all those practicing sex therapy, this book also should be included in both mental health and medical curricula."--David C. Treadway, PhD, couple therapist in private practice, Weston, Massachusetts "This outstanding book expands the role of the sex therapist from a primary focus on the treatment of sexual dysfunctions to working with an array of sexual issues. The fifth edition provides a wealth of knowledge for practicing clinicians. It is an essential text for sex therapy and human sexuality courses."--Joseph L. Wetchler, PhD, Marriage

and Family Therapy Program, Purdue University Calumet – "The case examples are extremely helpful and convey in practice the theory and research so thoroughly elaborated in each chapter....This is a remarkable textbook that can add enormously to a clinician's knowledge." (on the fourth edition) (Bulletin of the Menninger Clinic 2013-08-15)"Gives the reader a view of the cutting edge of research and practice in sex therapy....Appropriate as a text for a graduate course in sex therapy or for anyone who wants an update on current practices in this field. In addition, a number of chapters have relevance for anyone conducting therapy." (on the fourth edition) (Journal of Contemporary Psychotherapy 2013-08-15) "This highly readable book is of value to most practitioners working with adults, even if their caseload is general and not specific to sex therapy – 4 Stars! – (on the fourth edition) (Doody's Review Service 2013-08-15)

Yitzchak M. Binik, PhD ("Irv"), is Professor in the Department of Psychology at McGill University and Director of the Sex and Couple Therapy Service at McGill University Health Center in Montreal. Dr. Binik is a Fellow of the Canadian Psychological Association and a Diplomate of the American Board of Sexology. He was a member of the DSM-5 work group on sexual and gender disorders. Dr. Binik is a recipient of the Distinguished Contribution to Professional Psychology Award from the Canadian Psychological Association and the Masters and Johnson Award for Lifetime Achievement from the Society for Sex Therapy and Research (SSTAR). He has published more than 100 refereed articles in the areas of health psychology/psychosomatics and sexuality. His main research interest is sexual dysfunction, with a particular interest in genito-pelvic pain/penetration disorder.

Kathryn S. K. Hall, PhD, is a clinical psychologist in private practice in Princeton, New Jersey. She began her career in sex therapy working with Drs. Sandra R. Leiblum and Raymond C. Rosen at the Sexual Counseling Service at the University of Medicine and Dentistry of New Jersey (now Rutgers Biomedical and Health Sciences). She has conducted research on a variety of sex-related topics and has presented at national and international conferences. Her current research interests include sexual desire in arranged marriages and cultural variations in the experience and treatment of sexual problems. Dr. Hall is coeditor of *The Cultural Context of Sexual Pleasure and Problems: Psychotherapy with Diverse Clients*; author of *Reclaiming Your Sexual Self: How You Can Bring Desire Back into Your Life*, winner of the SSTAR Consumer Book Award; and book review editor for the *Journal of Sex and Marital Therapy*.

Authoritative and comprehensive information for sex therapist.

Uses acronyms w/o prior explanation in the chapter. Material is very dense...it's geared more towards experts in the field, I'd say.

This is a book that tries to master the whole field of sex therapy, and does it, well too. Scholar, practitioner, Feminist, QTBH-activist alike will all be able to read this book with satisfaction.

Easy read and very helpful for learning

Very informative

Excellent book. It was required for one of my classes for my master degree. It is full of great information to help you become more of a competent counselor.

Very informative book. Written in an easy to understand manner.

I really learned a lot from various articles in this book.

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